

# Microaggressions: A ton of feathers is still a ton

The hard thing about microaggressions is that in many cases they are entrenched in our culture and society. They sneak into our minds and out our mouths without us being aware.

Microaggressions are one of the reasons women in SETT are less satisfied and engaged at work.

This Online Special Topic will be led by a professional WinSETT facilitator and will include discussion, self-reflection, and experience-based learning.

The Microaggressions online session will cover:

- Types of Microaggressions
- Impact of Microaggressions on Women in SETT
- Specifically looking at Microaggressions in SETT workplaces
- How to deal with Microaggressions, whether you are a woman in SETT or you manage women in SETT
- How to navigate all of this in the online world as we work and lead remotely

This online learning opportunity is limited to 25 participants and made possible with the support of the NL Workforce Innovation Centre.

